

# Wild Africa Experiences

Running with Kings Trail '25

Lion and Safari Park Sat 25th Jan 25

First Name	Last Name	Distance km's	Time
Cullum	Allen	15	1:30
Jessica	Allen	15	1:30
Mehnaaz	Ally	10	2:00
Najmah	Ally	6	2:24
Claire	Anderson	10	1:35
Carol	Anthony	10	1:23
Andrew	Armstrong	10	1:17
Brett	Armstrong	6	1:30
Claudia	Armstrong	6	1:30
Ross	Armstrong	6	0:38
Lizle	Austin	20	2:09
Bronwen	Barnes	15	1:54
Andrew	Blane	20	2:17
Ettiene	Botha	6	0:53
Sue	Botha	10	1:20
Henry	Boyce	6	1:51
Carl	Broekman	6	1:00
Sanra	Broekman	15	2:11
Claire	Buck	15	2:40
Debbie	Caldwell	6	1:21
Rae	Clerihew	10	0:52
Frikkie	Coetzer	15	1:59
Joshua	Conlyn	6	0:31
Graeme	Cook	20	1:57
Linda	De Beer	6	1:24
Obed	de Swardt	10	1:06
Douglas	Desmond	15	1:42
Gary	Donian	6	0:48
<b>SHELLEY</b>	<b>DOWDLE</b>	6	1:29
Amanda	Du Rand	20	2:11
Dorica	Eatwell	6	0:48
Chris	Erasmus	6	0:58
Francois	Erasmus	15	1:30
Mareli	Erasmus	6	0:58
Pieter	Erasmus	6	0:58
Ada	Evans	10	1:10
Trish	Faber	6	1:09
Lisa	Featherstone	6	0:56
Shannon	Featherstone	6	0:42
Robyn	Frank	10	2:24

Krysia	Gaweda	10	1:08
Amanda	Geldenhuys	10	1:31
Steve	Gloss	6	0:36
Debbie	Golightly	6	0:53
Ntshuxeko	Goniwe	10	2:00
Ross	Griffiths	20	2:23
Sheryl	Hawkridge	10	1:16
Jessica	Hemer	20	2:02
Nicole	Henderson	6	0:48
Deana	Heslop-Mthembu	10	2:04
Karin	Hough	6	1:25
Philile	Jiyane	20	2:35
Nerina	Jooste	6	1:01
Nick	Kelway	20	1:55
Attie	Kleinsmit	10	2:03
Hyla	Kluyts (Pennells)	10	1:37
Muniera	Kooreyshi	10	1:50
Nelene	Kotze	6	1:09
Petra	Kritzinger	15	1:55
Tyron	Le Roux	15	1:52
Leon	Limper	20	1:55
Ching-jung	Lo	10	1:20
Bernadette	Loubser	6	1:29
Johan	Lyons	10	2:04
Linda	lyons	10	2:05
Jenna	Malcolm	20	2:17
Lauren	Malcolm	15	1:52
Ursula	Maritz	15	2:33
Maria	Martin	10	1:41
Andiswa	Matadela	6	1:09
Tom	Mdluli	20	2:40
Sikelela	Mhlanga	10	0:58
Sylvia	Mhlanga	10	1:45
Allison	Miller	10	1:32
Nomathamsanqa	Mngomezulu	6	1:00
Gosiame	Monare	10	2:07
Azara	Mthembu	10	2:04
Janka	Niebuhr	15	1:35
Keneilwe	Papo	6	1:52
Jacques	Parrott	10	1:54
Mariska	Pieterse	6	1:12
Stephan	Pieterse	20	2:33
Saijal	Pillay	10	2:30
Michelle	Powell	6	0:49
Yvonne	Prinsloo	6	0:31
Logan	reddy	10	2:05

Alison	Redmond	6	1:20
Jonathan	Robson	10	1:24
Angela	Rogers	6	1:01
<b>Meghan</b>	Rogers	6	0:41
Stephen	Rogers	6	1:01
Julian	Roux	15	1:25
Greg	Seiler	6	1:25
Jacqui	Seiler	6	1:25
Claire	Senior	10	1:32
Jane	Senior	10	1:57
Michelle	Senior	6	1:10
Paul	Senior	10	1:32
James	Short	10	1:27
Vicky	Sidler	6	1:04
Darryl	Smith	15	1:32
elmi	smith	10	1:57
Johan	Smuts	6	0:46
Hein3	Snyman	6	0:45
Jackie	Snyman	6	0:45
Lelanie	Snyman	6	0:45
Colette	Steenekamp	6	1:26
Rainer	Steinhagen	20	1:46
Renate	Strydom	15	2:39
Jennifer	Taylor	<b>10</b>	2:34
Clinton	Van der Berg	10	1:13
Oxana	Van der Berg	10	1:13
Jaco	Van der Merwe	20	1:43
Stefan	Van Der Merwe	15	1:50
Celia	Van Niekerk	10	1:35
Toni	van Rooyen	20	2:23
Martin	van Wyk	10	1:10
Elizabeth	Venter	6	1:15
Michael	Visagie	10	1:12
Illona	Visser	6	1:20
Brett	Warren Hansen	6	1:01
Bronwyn	Warren Hansen	6	1:01
Juan	Wewege	10	1:54
Mandy	Wewege	10	1:54
Dave	Wibberley	10	1:13
Annerien	Wray	6	0:55
John	Wray	10	1:19
Charmaine	Young	10	1:26